



# Grays Harbor County Resources



## **ABUSE PROGRAMS**

Adult Protective Services ..... 1-877-734-6277  
 Beyond Survival (Rape Response Line) ..... 1-888-626-2640  
 Child Protective Services (CPS) ..... 1-800-451-9994  
 Children’s Advocacy Center & Crisis Nursery..... 1-800-959-1467  
 Domestic Violence (DV) Center..... 1-360-538-0733  
 Quinault Indian Nation DV Prevention ..... 360-276-8215

## **ALCOHOL & SUBSTANCE ABUSE**

24-Hour Alcohol/Drug Help Line..... 1-800-562-1240  
 Alcoholics Anonymous ..... 360-532-2691  
 A First Place..... 360-612-0012  
 Narcotics Anonymous ..... 360-589-8620  
 Adult Children of Alcoholics..... 360-589-0898  
 Alano Club - Aberdeen ..... 360-532-5971  
 Alano Club – North Beach ..... 360-289-1212  
 Al-Anon Outreach ..... 360-532-7585  
 Secular Organizations for Sobriety (SOS) ..... 323-666-4295  
 Relationships in Recovery ..... 360-533-8500  
 SeaMar Behavioral Health ..... 360-538-1461  
 1813 Sumner Ave, Aberdeen  
 HarborCrest..... 360-537-6248  
 1006 N H St, Aberdeen  
 Social Treatment Opportunity Program (STOP) ... 360-533-4997  
 114 N Park St, Aberdeen  
 Evergreen Treatment Services .....360-413-6910 x 404  
 LifeLine Connections ..... 360-787-9319  
 Shoalwater Bay Indian Tribe ..... 360-267-8141  
 2373 Old Tokeland Rd, Tokeland \*Serves Native & Non-Natives  
 Quinault Chemical Dependency Prog .....360-276-8215 x 449  
 1505 Kia-ook-wa, Taholah  
 Tsapowum Chehalis Tribal Behavioral Health..... 360-709-1733  
 420 Howanut Dr, Oakville  
 NW Professional Treatment Service ..... 360-533-8887  
 1918 Simpson Ave, Aberdeen  
 NW Indian Treatment Center ..... 360-482-2674  
 Providence Centralia Hospital/Medical Detox .... 360-827-7207  
 True North ESD Youth Treatment Servcs ..... 360-533-9749

## **DEPRESSION & MENTAL HEALTH**

National Suicide Prevention Lifeline ..... 1-800-273-8255  
 Crisis Line ..... 1-800-685-6556  
 A First Place..... 360-612-0012  
 Adult Behavioral Health CCS ..... 360-612-3839  
 Behavioral Health Resources – Elma..... 360-482-5358  
 Behavioral Health Resources – Hoquiam..... 360-532-8629  
 LifeLine Connections ..... 360-787-9319  
 SeaMar Behavioral Health ..... 360-538-1461  
 National Alliance on Mental Illness..... 360-533-9888  
 A First Place..... 360-612-0012  
 FACT (Flexible Assertive Community Treatment) ..... 1-855-303-4834

## **EMERGENCY SERVICES**

Coastal Community Action Program..... 360-533-5100  
 Salvation Army ..... 360-533-1062

## **HEALTH**

Grays Harbor Community Hospital..... 360-532-8330  
 HarborCrest (treatment services)..... 360-537-6200  
 Summit Pacific Hospital & Urgent Care .. 360-346-2222  
 SeaMar Clinic (Aberdeen)..... 360-538-1293  
*Dental (Aberdeen) .....360-538-1463*  
 SeaMar Clinic (Ocean Shores)..... 360-289-2427  
 Roger Saux Health Clinic (Taholah)..... 360-276-4405  
 Shoalwater Bay Wellness Ctr (Tokeland)..... 360-267-0119  
 Grays Harbor County Public Health..... 360-532-8631

## **HOUSING**

Coordinated Entry – CCAP .....360-533-5100  
 Grays Harbor Youth Shelter.....360-589-3259  
 111 E 4<sup>th</sup> St, Aberdeen  
 Esther House (*call for screening/intake*).....360-581-4201  
 \* *Women & Children’s shelter*  
 Housing Authority of Grays Harbor .....360-532-0570  
 602 E 1<sup>st</sup> St, Aberdeen  
 Friendship House .....360-533-2221  
 513 N G St, Aberdeen \* *Women & Children’s shelter*  
 Union Gospel Mission.....360-533-1064  
 405 E Heron St, Aberdeen \* *Men’s Shelter*

## **LEGAL ASSISTANCE**

Grays Harbor County Volunteer Legal .....1-844-211-6916  
 Online at: Tcvls.org  
 CLEAR Legal.....1-888-201-1014  
 - for Seniors (60+) .....1-888-387-7111  
 Online at: <https://nwjustice.org/get-legal-help>

## **MEDICAL EQUIPMENT**

North Beach Medical Equipment.....360-289-3733

## **MEDICAL INSURANCE – Health Insurance Navigators**

SeaMar (Aberdeen) .....360-538-1293  
 SeaMar (Elma / Tues & Fri only) .....360-861-8700  
 SeaMar (Ocean Shores / Weds only) .....360-289-2427  
 CHOICE Regional Health Network .....1-844-446-4367  
 Summit Pacific Medical Center.....360-346-2222  
 Aberdeen Community Srvcs Office (DSHS) .....1-877-501-2233

## **SENIOR SERVICES**

Meals on Wheels .....360-533-5100  
 Retired Senior Volunteer Program .....360-500-4505  
 Olympic Area Agency on Aging.....360-532-0520  
 2700 Simpson Ave Suite 205, Aberdeen

## **YOUTH & FAMILY SERVICES**

Children’s Advocacy Center/PCAP.....360-249-0005  
 Catholic Community Services/HARPS .....1-888-415-4015  
 Hearts and Hands (Pregnancy Care Center) ..... 360-532-1104  
 Dispute Resolution Center.....360-532-8950  
 207 S Chehalis # 301, Aberdeen

## FOOD AND CLOTHING

### **Aberdeen Community Food Bank**

306 ½ I Street, Aberdeen 360-533-1088  
Mon. & Weds. 2:30 – 4:30 pm

### **Aberdeen Community Clothing Bank**

301 N G St, Aberdeen 360-532-1420  
Mon. 9:30 – 11:45 am Tues. 9:30 – 11:45 am  
Weds. 1 – 3 pm & 1 – 3 pm  
Thurs. 9:30 – 11:45 am Fri. Closed

### **Faith House Church**

209 E. Wishkah, Aberdeen 360-533-4802  
2<sup>nd</sup> & 4<sup>th</sup> Fri. 10 am – 12 pm

### **Salvation Army Food Bank**

120 W Wishkah, Aberdeen 360-533-1062  
Tues. & Thurs. 10 – 11:45 am & 1:30 – 3:45 pm

### **Strings Attached Clothing Bank**

108 S K Street, Aberdeen  
Best to Call for appt. / hours subject to change  
Weds 2 pm – 7 pm, Thurs 2 pm – 4 pm  
360-532-4419 Harbor Calvary Chapel

### **The Lord's Pantry/Foursquare Church**

4800 Central Park Dr, Aber 360-538-0111  
Second & Fourth Thurs. 10 am – 12 pm

### **Aberdeen Ave. Baptist Church Food Bank**

2733 Aberdeen Ave, Aber 360-591-3032  
Third Sat. 11 am – 1 pm

### **Hoquiam Food & Clothing Bank**

720 K St, Hoquiam 360-533-4909  
Mon. & Weds. 12 pm – 2 pm

### **Seventh Day Adventist FB & CB**

3101 Cherry St, Hoquiam 360-537-9133  
Thurs. 10 am – 1:50 pm

### **Ocean Shores Food Bank**

846 Anchor Ave NW, Ocean Shores  
First & Third Thurs. 2 – 5 pm  
Emergency: Tues. – Sat. 10 am – 3:45 pm  
360-289-2164/360-289-2171

### **Mobile Food Bank**

Pacific Beach – by Fire Hall 9 – 11 am  
Taholah – by Sr Center 12 – 2 pm  
Third Tues of each month

### **Copalis Community Church FB & CB**

3137 State Rt 109, Copalis Beach  
Weds. 1:30 – 5:30 pm  
360-581-3861/360-289-4753

### **Humtulpis Food Bank**

32 McAfee Rd, Humtulpis 360-987-2361  
Fourth Weds of the month 9 am – 2 pm

### **Quinault Food Bank**

22 Burn Rd, Neilton  
First & Third Tues. 1 – 4 pm

### **North River Food Bank**

2637 North River Rd, Cosi 360-532-8249  
Third Tues. of the month 3 – 5 pm

### **Shoalwater Food Bank**

2373 Old Tokeland Rd, Tkld 360-267-6766  
First Fri. of month 8 am until out of items

### **South Beach Food Bank**

281 W Spokane, Westport 360-268-1686  
1<sup>st</sup> & 3rd Thurs. 9 – 11 am; Emerg M, W, F

### **Montesano Food Bank**

213 W Spruce, Montesano  
Fri. 1 – 3 pm  
360-249-4163/360-249-4222 x 1636

### **East County Food Bank**

106 W Main St, Elma  
Mon. 1 – 4:00 pm; Second Mon. 1 – 7 pm  
360-482-4728/360-470-6181

### **McCleary Food Bank (Beerbower Pk)**

100 S Simpson Ave, McCly 360-482-2329  
Second & Fourth Mon. 9:30 – 11 am

### **Malone Food Bank**

25 Mox Chehalis Rd, Malone  
Second & last Weds 7:30-9:30 am

### **Labor of Love Clothing Bank**

207 N 3rd St, Elma  
Tues. & Thurs. 10 am – 3:30 pm

### **Set Free Food Bank / BASH**

427 W Main St, Elma 360-861-8062  
Mon, Weds, Fri 3 – 5 pm

### **Oakville Food Bank (Oakville Grange)**

405 Temple, Oakville 360-262-9211  
(Harris & Temple Streets)  
Third Weds. 9 – 11 am

## MEALS

### **Union Gospel Mission - 405 E. Heron, Aberdeen**

<b>Monday - Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Breakfast 7:00 am	Brunch 10:30 am	Breakfast 7:00 am
Lunch Noon	Dinner 5:00 pm	Dinner 4:00 pm
Dinner 7:00 pm		

**House of Hope - F St. (Behind Joe's Deli), Aber**  
Saturdays at 2 pm

**Feed the Hungry - 3<sup>rd</sup> & H Streets, Aber**  
GH Family Center Mon - Fri at 12 p.m.  
Sun 12 p.m. at Methodist Church  
Info & referral on-site; Family Center services avail.

## ADDITIONAL LOCAL INFORMATION

**WorkSource** ..... 360-538-2350  
415 W Wishkah St. # 2-D, Aberdeen

**Social Security Office** ..... 1-855-634-4197  
820 Simpson Ave., Hoquiam

**Basic Food Employment & Training (BFET)**.... 360-538-4155

**Grays Harbor College**..... 360-532-9020

**Grays Harbor Transit** ..... 360-532-2770

**Quinault Indian Nation** ..... 360-276-8215

**NeighborWorks** ..... 360-533-7828  
710 E Market St., Aberdeen

**Red Cross** ..... 360-249-2341

**ASAP Business Solutions**..... 360-637-9536  
800 E. Wishkah St, Aberdeen

**Express Pros** ..... 360-533-6755  
601 W Wishkah, Aberdeen

**DSHS Aberdeen CSO**..... 1-877-501-2233  
415 W Wishkah St. # A-1 Aberdeen